TUESDAY'S SCHEDULE



4 pm Cafe Open.

Cafe space open for connecting, games, coffee,

resource sharing and cafe companions.

4:40 pm Recovery Circle 1

5:15 pm Mealtime

Includes Celebration!, Announcements, Give

Back Board, and 5 minutes of Silent

Contemplation.

5:40 pm Recovery Circle 2

6:30 pm School for Recovery Classes

8 pm Cafe Closes

FRIDAY'S SCHEDULE



11 am Cafe Open.

Cafe space open for connecting, games, coffee,

resource sharing and cafe companions.

12:15 pm Mealtime

Includes Celebration!, Announcements, Give

Back Board and 5 minutes of Silent

Contemplation.

1 pm Recovery Circles 1

1:30 pm School for Recovery Classes

2:15 pm Recovery Circle 2

3pm Cafe Closes

SATURDAY'S SCHEDULE



9 am Cafe Open & Mealtime

Includes Celebration!, Announcements, Give Back Board, and 5 minutes of Silent Contemplation.

9:30 am Recovery Circle 1

10 am School for Recovery Classes

11 am Recover Circle 2

11:30 am Community Chat

12 pm Cafe Closes



SCHEDULE

A Day at LITE Recovery Cafe!

